Traverse Theatre
First Stages Festival
Generating material: A workshop and Q&A with Simon Stephens
Exercise sheet



GENERATING IDEAS

Think without writing for five minutes Write without thinking for five minutes Write without stopping for ten minutes Write without stopping for thirty minutes

Write for three minutes a list of as many things as you can that you remember Write for three minutes a list of as many things as you can that you notice (deliberately draw on the senses)

Write for three minutes a list of as many things as you can that you want

Write a lost of as many blue things from your memory as you can. (You can replace this adjective with other colors or feelings)

Write automatically to a specifically chosen piece of music.

Without thinking, write in response to the following headings for three minutes.

A field A face Masculine Things Feminine Things When I was a child

A room
A departing
I did not say...
If I was a woman/man
An arriving

The past
My enemies
Things I'd do if I wasn't me
Home
The future

Clothes I have enjoyed wearing Songs I remember hearing Rooms I have lived in Nightmares I still recall

Faces I have kissed

His body In the attic When it happened... They wished... Her body

This morning
It should not be the case that...
In the Bedroom
When she saw him
This country

His favourite dress In the Garden The sky changed In the cellar Her favourite shirt

In the Kitchen
The sky changed
A bad break
The taste on my tongue
In the Cellar

REFINING THEME

Write without stopping for three minutes or five minutes in response to the headings:

I am frightened that....
I am angry that....
I hope that....
I am ashamed that...

You can refine it by including more septicity. For example with my play HARPER REGAN I wrote about mothers and daughters.

So wrote about all the things about mothers and daughters that made me angry, frightened, hopeful or ashamed.

CHARACTER

Write a list opf 15 things that you KNOW to be true about a person from your research or automatic writing.

Write a list of 15 things that you KNOW to be UNTRUE about the same person from your research or automatic writing.

Do these 15 untrue things suggest an actual chaacter?

Write a list of 51 things the character can remember Write a list of 21 things the character wants Write a list of 11 things the character needs

For one minute draw a picture of them with your eyes closed.

A description of your character getting dressed or undressed A description of the process of your character eating A description of your character as a child in a playground

Their favorite place
Their favorite word
Most exciting mode of transport
Most striking physical facet
How do they sleep
How do they walk
Their phobia
Their biggest fear
How do they smell
How do they have sex?
When do they blush

RELATIONSHIPS

For ten minutes write as many things that the character knows about themselves that nobody else knows.

For ten minutes write as many things as the character and others know about the character.

For ten minutes write as many things as others know about the character but that the character doesn't know about themselves.

For ten minutes write as many things as YOU know about the character but that neither the character nor others know.

Relationship Questions (ask these of each couple in the play): How do the characters know each other? How long have they known each other for? What do they openly like about one another? What do they openly dislike about one another?

What do they secretly like about one another?
What do they secretly dislike about one another?
What do they GET from one another?
What do they want from one another but don't currently get.

RANDOM SCENE GENERATOR

- 1. Write a scene in which a character talks more than another
- 2. Write a scene in which a character lies
- 3. Write a scene in which a character behaves in the opposite way to their feelings
- 4. Write a scene in which a character loses all control of grammar
- 5. Write a scene in which a character does something physically possible but seems to have no logic or reason or sense to it
- 6. Write a scene in which something physically impossible happens
- 7. Write a scene for one of the actors from the company from the readings
- 8. Write a scene set in a place you've never been to
- 9. Chose a real character from culture or history or fiction and write a scene in which you confront them with an imaginary character
- 10. Write a scene in which you change style half way through
- 11. Write a scene in which the characters talk in a way that in no way resembles how a character would talk in real life, perhaps (although not necessarily, in rhyme
- 12. Write a scene with no actors on stage
- 13. Write a scene about someone who speaks to somebody who can't answer
- 14. Write a scene set in a location to which none of the characters of the scene have ever been
- 15. Write a scene with no words just with action.
- 16. Write a scene where the longest line is five words long.
- 17. Write a scene including several lines written in a foreign language
- 18. Write a scene based on one of the characters from the wall.
- 19. Write a scene in rhyme.
- 20. Write a scene in which a character murders another character. The build up. The murder. The aftermath.
- 21. Write a monologue and then write a separate score for movement that operates only in counterpoint to the monologue, not to illustrate it.
- 22. Write a scene entirely in colloquial idiom
- 23. Write a scene with at least five characters in it.
- 24. Write a scene in which there is more silence or behavior than language.
- 25. Write a draft of a simple scene and then re-write it multiplying the emotional state by ten.
- 26. Write a scene in which a character faces their biggest life changing experience but can't articulate any emotional state whatsoever.
- 27. Write a monologue in which a character articulates with sensitivity and compassion an opinion that you yourself abhor.
- 28. Write a scene in which somebody sings a song in order to change somebody's life and write that song

- 29. Write a scene involving characters of genuine political power.
- 30. Write a scene in which a character has sex with another character.
- 31. Write a scene involving somebody from their family or somebody else they know in real life.
- 32. Write a scene set two hundred years ago.
- 33. Write a scene set two hundred years in the future.
- 34.